

## This is My Story!

1. Fasting focuses you on the Lord.
2. Fasting exposes sin in your life.
3. Fasting revives us spiritually.

### Revelation 12:7–12 (NASB95)

7 And there was war in heaven, Michael and his angels waging war with the dragon. The dragon and his angels waged war,

8 and they were not strong enough, and there was no longer a place found for them in heaven.

9 And the great dragon was thrown down, the serpent of old who is called the devil and Satan, who deceives the whole world; he was thrown down to the earth, and his angels were thrown down with him.

10 Then I heard a loud voice in heaven, saying, “Now the salvation, and the power, and the kingdom of our God and the authority of His Christ have come, for the accuser of our brethren has been thrown down, he who accuses them before our God day and night.

11 “And they overcame him because of the blood of the Lamb and because of the word of their testimony, and they did not love their life even when faced with death.

12 “For this reason, rejoice, O heavens and you who dwell in them. Woe to the earth and the sea, because the devil has come down to you, having great wrath, knowing that he has only a short time.”

### What is a Testimony?

**33.262 μαρτυρέω** — ‘*martyria*’: to provide information about a person or an event concerning which the speaker has direct knowledge—‘to witness.’ It’s the proof.

1. It’s a Witness
2. It’s the Proof

### Luke 21:7–13 (NASB95)

7 They questioned Him, saying, “Teacher, when therefore will these things happen? And what will be the sign when these things are about to take place?”

8 And He said, “See to it that you are not misled; for many will come in My name, saying, ‘I am He,’ and, ‘The time is near.’ Do not go after them.

9 “When you hear of wars and disturbances, do not be terrified; for these things must take place first, but the end does not follow immediately.”

- 10 Then He continued by saying to them, “Nation will rise against nation and kingdom against kingdom,  
11 and there will be great earthquakes, and in various places plagues and famines; and there will be terrors and great signs from heaven.  
12 “But before all these things, they will lay their hands on you and will persecute you, delivering you to the synagogues and prisons, bringing you before kings and governors for My name’s sake.  
13 “It will lead to an opportunity for your testimony.”

**Luke 21:1–6 (NASB95)**

- 1 And He looked up and saw the rich putting their gifts into the treasury.  
2 And He saw a poor widow putting in two small copper coins.  
3 And He said, “Truly I say to you, this poor widow put in more than all of them;  
4 for they all out of their surplus put into the offering; but she out of her poverty put in all that she had to live on.”  
5 And while some were talking about the temple, that it was adorned with beautiful stones and votive gifts, He said,  
6 “As for these things which you are looking at, the days will come in which there will not be left one stone upon another which will not be torn down.”